

Coach Liezel Lane | MyTeenLifeCoach.com



Contact Info

Liezel.Lane@MyTeenLifeCoach.com
(770)- 235-8202

Social Media

@MyTeenCoach
@MyTeenLifeCoach

Audience

Adolescences- college students
Parents of teens



Social



@MyTeenCoach



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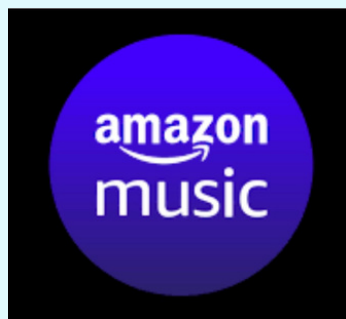
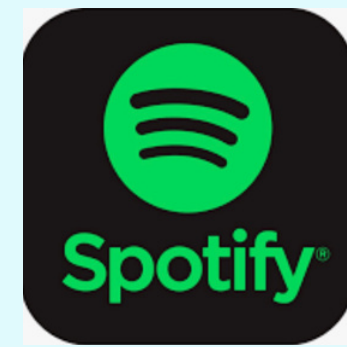


Liezel Lane



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Featured on



Liezel Lane is the founder and owner of MyTeenLifeCoach.com, faculty of The Youth Coaching Institute and mother of 3. She has her Masters Degree in Industrial/Organizational Psychology and is a Certified Youth Resilience Coach. She uses evidence based strategies to partner with adolescents and their families to thrive into adulthood. Her corporate experience spans Human Resources, Leadership Development and Learning & Development. She successfully ran her passion project for 10 years called Atlanta S.E.E.Ds Inc. (Self Esteem Empowerment & Education through Dance). She is featured on a weekly podcast with The Podcast Business News Network and is passionate about generational gaps, Gen Z and Gen Alpha. Her down time is spent with family, scuba diving and pours into her life-long passion being a Ballerina.